



RULES OF BCBR

BC Bike Race accesses the remote wilderness of British Columbia – racers are often quite a distance from hospitals – in addition to our standard racer rules, these rules are in place to keep racers safe.

The Basics

1. All racers must follow the official designated marked route on their modern and well-maintained mountain bike with an official BCBR racer plate affixed to the front of the bike and visible, show up to the start on time, and cross the official finish line. This is a timed event, cumulative times are used to determine the winners and all racers who do this every day for seven days in a row are considered “finishers”.

Conditions of Participation

2. Racers must be 19+.
3. Racers must complete a comprehensive medical questionnaire prior to or at registration.
4. All racers must attend registration. Racers must agree to and sign the liability waiver as a condition of participation and will wear their wristband for the entire event.
5. Racers are responsible for having a well-maintained and working bike. **Note:** there are mechanics available at Basecamp.
6. All racers must attend the Mandatory Racer Meeting

Medical

7. Racers may be medically disqualified as per the discretion of the Medical Team.

On-Course

8. Racers may not participate without a race plate. The race plate must remain affixed to the front of the bike and visible at all times while on course. The race plate may not be amended in any way.
9. Racers may not participate without their Bib visibly affixed to their back (outer layer of clothing or backpack).
10. Racers must be wearing a helmet that complies with the international ANSI/SNELL standards at all times while riding their bikes.
11. Racers must carry the minimum mandatory equipment at all times while on course: something to make fire (lighter, matches, etc.), whistle, rain jacket/space blanket, a pressure bandage, and a day's supply of any medication you require (EpiPen, heart medication, asthma medication, diabetes medication, etc.).
12. You must be at the race start race ready 30 minutes prior to race start, seeded in your assigned gate to race. Late racers will be required to start in the last gate.
13. The water provided at Aid Stations is only for hydration and not for bike washing.
14. All traffic laws must be observed ([link to legislation for traffic laws](#)) when on roads. Failure to adhere may result in being hit by a car, truck, or van, or being removed by BCBR officials from the event
15. When start areas are beside active road and within ferry terminals special '***no riding***' rules are enforced prior to start, as directed by ferry staff, police, and BC Bike Race officials.
16. A racer is not permitted to take any shortcuts, or omit a circuit, take other advantages of similar nature against other competitors.
17. Any racer who exits the course must return to the course at the exact same point at which they exited.

Leaving the Course

18. Only racers who complete all seven stages will be considered official BC Bike Race “finishers” and are eligible for cumulative time (overall event wins) wins. All others will be considered “participants” and are still eligible for stage wins.
19. Any racers who do not cross the finish line, are taken off the course, or self-extract from the event must check-in immediately (do not go to your tent, have a shower, or washer you bike) with Racer Relations. Failure to do this will result in us contacting your listed emergency contact and worrying your loved ones, or being unable to participate in any further stages.
20. If you do not finish a stage, or if you miss a stage completely (do not start) for any reason, you will be registered as a ‘participant’. All “participants” who wish to re-enter the event must be registered and authorized by Racer Relations staff.
21. All racers who are medically disqualified due to injury or illness must be cleared by the BC Bike Race Medical Director and/or local hospital doctor.

Timing

22. Racers who stay with injured racers, or are commandeered by BC Bike Race will be given time credit for their good Samaritan-ness.
23. When racing as a team, the time of the last team member to cross the finish line will be recorded as the team’s time.
24. Protests must be communicated immediately upon finishing the event to Racer Relations (within 15 minutes of finishing). Any unsolvable protests will be adjudicated by the Management Committee (local Course Director, Course Control Manager, and Racer Relations.)

Leaders

25. Race leaders and winners are obliged to wear the leader jerseys. And must attend daily podium awards.

26. A racer's sponsor badge/logo fixed on any leader jersey must not cover or obscure the existing BCBR branding and sponsors' logos.

Category Changes

27. Teams of 2 who divorce during the race are eligible to be categorized into solo status. All status changes must be requested through Racer Relations the day before. **Note:** converted teams are eligible for stage but not cumulative wins.

Cut-Off Times

28. BC Bike Race may enforce cut-off times for racers who have exceeded the allowable amount of time on course, or in the event of extenuating circumstances (extreme conditions, course damage, etc.) All modified time, distance, and "finisher" or "participant" status will be posted by BC Bike Race online.

Consequences:

The consequences of not following most of these rules should be fairly obvious when it comes to racer safety. However, sometimes we need more incentive. Failure to follow the above stated rules will result in a warning. Second offenses will result in a 30-minute timing penalty, and subsequent offense will be punished at the direction of the Management Team.