



## 2023 SCHEDULE

\*\*This schedule is subject to change.\*\*

	Day One	Day Two	Day Three	Day Four	Day Five	Day Six	Day Seven	Day Eight
	July 3	July 4	July 5	July 6	July 7	July 8	July 9	July 10
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
	Registration & Stage 1 - Prologue	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6	Stage 7	Travel Home
Registration	9:00am - 2:00pm							
Mandatory Race Meeting	4:00pm							
Race Start Time	Prologue Course Open - 10:30am - 3:30pm	10:00am	10:00am	10:00am	10:00am	10:00am	10:00am	10:00am - Racers clear of sleeping tents
Ride Zone	Cowichan Valley	Cowichan Valley	Cowichan Valley	Nanaimo	Cumberland	Campbell River	Cumberland	
Start & Finish Location	Crofton Ball Field	Crofton Ball Field	Crofton Ball Field	Vancouver Island University	Cumberland Village Park	Campbell River	Cumberland Village Park	
Sleep In	Crofton / Cowichan Valley	Crofton / Cowichan Valley	Crofton / Cowichan Valley	Cumberland	Cumberland	Cumberland	Cumberland	
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Optional Upgrade Program Times								
Transportation Program: Bus Loading Times AM	7:30am & 8:30am Victoria Hotel Pickup			TBA		TBA		7:00am & 8:30am - Back to Victoria
Transportation Program: Bus Loading Times PM				TBA		TBA	7:00pm- Back to Victoria	
Breakfast A		7:00am-7:30am	7:00am-7:30am	6:15am-6:45am	7:00am-7:30am	6:15am-6:45am	7:00am-7:30am	6:30am-7:00am
Breakfast B		7:30am-8:00am	7:30am-8:00am	6:45am-7:15am	7:30am-8:00am	6:45am-7:15am	7:30am-8:00am	7:00am-7:30am
Breakfast C		8:00am-8:30am	8:00am-8:30am	7:15am-7:45am	8:00am-8:30am	7:15am-7:45am	8:00am-8:30am	7:30am-8:00am
Dinner A	6:00pm-6:30pm	6:00pm-6:30pm	6:00pm-6:30pm	6:00pm-6:30pm	6:00pm-6:30pm	6:00pm-6:30pm	6:00pm-6:30pm	
Dinner B	6:45pm-7:15pm	6:45pm-7:15pm	6:45pm-7:15pm	6:45pm-7:15pm	6:45pm-7:15pm	6:45pm-7:15pm	6:45pm-7:15pm	
Dinner C	7:30pm-8:00pm	7:30pm-8:00pm	7:30pm-8:00pm	7:30pm-8:00pm	7:30pm-8:00pm	7:30pm-8:00pm	7:30pm-8:00pm	
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